



Junior

Junior Tennis Sessions:

Winter 1 (9 weeks)	Jan 5-Mar 8
Winter 2 (9 weeks)	Mar 9-May 17 (omit Mar 30-Apr 5)
Spring (4 weeks)	May 18-Jun 14 (omit May 25-28)

Ages 10 and Under Courts!

Introduce your child to this lifetime sport in the most fun-filled, kid-friendly environment. Your child will be taught all the entry level skills required to play tennis. Classes will take place on our specially designed 36' x 18' court. All classes will use appropriate lower compression balls specific to age group and level. *Advanced U8 classes taught on the U10 court.



U6 Tennis on Courts – Ages 4-6

Mon/Wed/Fri	4:30-5:30 pm	
Tues	4:30-5:30 pm	5:30-6:30 pm
Thurs	4:30-5:30 pm	
Sat	9:30-10:30 am	12:00-1:00 pm
	2:30-3:30 pm	
Sun	1:30-2:30 pm	4:00-5:00 pm

Cost 1 hour for 9 weeks:

Fitness Member	\$149
Program Member	\$162

U6 Tennis Daytime Classes – Ages 4-6

Thurs	12:15-1:15 pm
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Cost 1 hour for 9 weeks:

Fitness Member	\$123
Program Member	\$152

U8 Tennis on Courts – Ages 7-8

Mon/Wed/Fri	5:30-7:00 pm	
Sat	10:30 am-12:00 pm	1:00-2:30 pm
	3:30-5:00 pm	
Sun	2:30-4:00 pm	5:00-6:30 pm

Cost 1 1/2 hours for 9 weeks:

Fitness Member	\$219
Program Member	\$232

*Advanced U8 Tennis on Courts – Ages 7-8 (Director approval required)

Tues/Thurs	4:30-6:30 pm
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Cost 2 hours for 9 weeks:

Fitness Member	\$363
Program Member	\$398

U10 Tennis – Ages 8-11

This student is ready for a combination of 60' court play and full court play. This class will focus on stroke production and teach the fundamentals of movement on a tennis court. This program will cover serving, score-keeping and developing all the tools necessary to begin competing with other children.

Mon/Wed/Fri	4:30-6:30 pm	
Tues	4:30-6:30 pm	
Sat	11:00 am-1:00 pm	1:00-3:00 pm
	3:00-5:00 pm	
Sun	2:30-4:30 pm	4:30-6:30 pm

Cost 2 hours for 9 weeks:

Fitness Member	\$363
Program Member	\$398



Tennis



Teen Tennis – Ages 11-17

This program is designed for tennis players at beginner through advanced beginner levels. Our staff will teach all fundamentals at a speed a teenager can handle.

Mon/Wed/Fri	4:00-6:00 pm	
Sat	1:00-3:00 pm	3:00-5:00 pm
Sun	2:30-4:30 pm	4:30-6:30 pm

Cost 2 hours for 9 weeks:	
Fitness Member	\$363
Program Member	\$398

Full Court Training - Ages 9-12

This student has learned basic tennis skills and is ready to start extensive full court tennis training. All aspects of the game will be taught including ground strokes, volleys, overheads, serving and receiving. Professionals will also introduce early strategy development during competitive games. Players will be encouraged to participate in other tennis playing events.

Mon/Wed/Fri	4:30-6:30 pm	
Tues/Thurs	4:30-6:30 pm	
Sat	1:00-3:00 pm	3:00-5:00 pm
Sun	2:30-4:30 pm	4:30-6:30 pm

Cost 2 hours for 9 weeks:	
Fitness Member	\$363
Program Member	\$398

Pre-Tourney Development - Ages 12-17

This program is designed for a player that has been playing for several years and that is working towards participating in a competitive setting or sanction tournament play. It will focus on repetition, intermediate stroke production and strategic point play.

Mon/Wed/Fri	4:30-6:30 pm	
Thurs	4:30-6:30 pm	
Sat	1:00-3:00 pm	3:00-5:00 pm
Sun	2:30-4:30 pm	4:30-6:30 pm

Cost 2 hours for 9 weeks:	
Fitness Member	\$363
Program Member	\$398

Note: Program times, days and rates may be subject to change. Contact Programs at 248-735-8850 ext.112 for updated information. No refunds for missed classes.

District Training

This program is designed for players that are competing in USTA sanctioned tournaments. Players must have a District or Midwest ranking. Hard work and dedication is a requirement. On court conditioning will be part of the class format. Players are required to sign up for two days per week. Placement approval is required.

Ages 8-12 Mon/Wed/Fri 4:30-6:30 pm

Ages 13-18 Tues/Thurs 4:00-6:00 pm

Cost 4 hours for 9 weeks:	2 Days
Fitness Member	\$630
Program Member	\$680

High School Training 1 - Ages 13-17

This program is for players that are currently on a high school tennis team, or an intermediate player who has been qualified to participate in this training program. All aspects of competitive team tennis will be covered including strategy drills, and on court conditioning. Doubles skills will be a significant focus of this class. Players are required to sign up for two days per week. Placement approval is required.

Mon/Tues/Wed/Thurs/Fri	4:00-6:00 pm	
Sat	1:00-3:00 pm	3:00-5:00 pm
Sun	2:30-4:30 pm	4:30-6:30 pm

Cost 4 hours for 9 weeks:	2 Days
Fitness Member	\$630
Program Member	\$680

High School Training 2 - Ages 13-17

This program is designed for strong high school players. All players are required to work hard and demonstrate a sincere work effort. Players are required to participate in two days per week. Placement approval is required.

Tues/Thurs 4:00-6:00 pm

Cost 4 hours for 9 weeks:	2 Days
Fitness Member	\$630
Program Member	\$680

Junior Matchplay

Directed by David Kamisar at ext. 218 or email David at userdavid249@gmail.com.

Sat	5:00-8:00 pm	
Sun	11:30 am-2:30 pm	

ALL 24 HOUR or LESS TENNIS COURT RESERVATIONS are \$26/hour