# Junior Tennis | WINTER 2027

NOVI ATHLETIC CLUB

## 20% Off the Second Class or 30% Off the Third Class Per Student

*Get Fit, Stay Healthy, Be Active!*

## Junior Tennis Sessions

**Winter 1 (9 weeks)**
Mon, January 4 - Sun, March 7

**Winter 2 (9 weeks)**
Mon, March 8 - Sun, May 16
(omit March 27-April 2)

**Spring (4 weeks)**
Mon, May 17 - Sun, June 13
(omit May 29-31)

**Summer begins:** Mon, June 14

### U6 Tennis – Ages 4 & 5

This group takes place on the small court in our multi sports room and uses red balls. Students are introduced to tennis fundamentals and hand eye coordination drills in a fun and exciting environment.

| | |
|---|---|
| Mon or Fri | 4:30-5:30 pm |
| Sat | 10:30-11:30 am |
| Sun | 11:30 am-12:30 pm |

**Cost 1 hour for 9 weeks:**
**Program Member $210**
**Fitness Member $201**

### U8 Tennis – Ages 6-7

This group takes place on the small court in our multi sports room and uses red balls. Students continue to work on core tennis fundamentals with an introduction to competitive games and point play.

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|---|---|
| Mon or Fri | 5:30-7:00 pm |
| Wed or Thurs | 4:30-6:00 pm |
| Sat | 9:00-10:30 am & 11:30 am-1:00 pm |
| Sun | 10:00-11:30 am |

**Cost 1½ hours for 9 weeks:**
**Program Member $300**
**Fitness Member $291**

### Blended Line Tennis – Ages 8-11

This group will take place on our 60 ft tennis courts using orange balls. Students will be introduced to all the strokes of tennis through drills and point play. This group is for beginner tennis players or those that have a few months of experience. Proficiency on serve and groundstrokes is required to graduate to the next level.

| | |
|---|---|
| Mon, Tues, Wed, Thurs or Fri | 4:30-6:30 pm |
| Sat | 11:00 am-1:00 pm & 1:00-3:00 pm & 3:00-5:00 pm |
| Sun | 2:30-4:30 pm & 4:30-6:30 pm |

**Cost 2 hours for 9 weeks:**
**Program Member $508**
**Fitness Member $468**

### Blended Line Advanced – Ages 8-11

This class is for those players that are considered advanced beginner "orange ball" players with 1-2 years of experience. Students will participate in drills and games with orange balls from the baseline. Placement approval required.

| | |
|---|---|
| Tues, Wed, or Thurs | 4:30-6:30 pm |
| Sat | 11:00 am-1:00 pm & 1:00-3:00 pm |
| Sun | 2:30-4:30 pm |

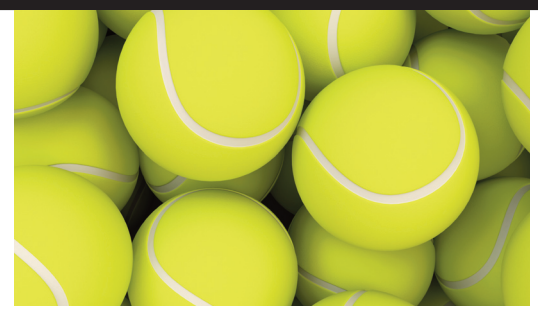
**Cost 2 hours for 9 weeks:**
**Program Member $508**
**Fitness Member $468**

### Full Court Progression – Ages 8-11

This group will use the full court lines and green dot balls. Students will continue working on the fundamentals of all strokes with an emphasis on the movement necessary to cover a larger area. Players must be able to hit topspin and maintain the correct technique during point play. Students will begin the preparation to participate in competition. Proficiency on serve from the baseline is required to graduate to the next level. Placement approval required.

| | |
|---|---|
| Mon, Wed, Thurs, or Fri | 4:30-6:30 pm |
| Sat | 1:00-3:00 pm |

**Cost 2 hours for 9 weeks:**
**Program Member $508**
**Fitness Member $468**



### Full Court – Ages 9-12

This group will use the full court lines and regular tennis balls. For those students who have advanced to the baseline and are ready to move out of the green dot level. This class will begin to spend time on point development and strategy discussions in a match setting. Placement approval required.

| | |
|---|---|
| Mon, Tues, Wed, Thurs or Sun | 4:30-6:30 pm |
| Sat | 11:00 am-1:00 pm |

**Cost 2 hours for 9 weeks:**
**Program Member $508**
**Fitness Member $468**

### Teen Tennis – Ages 12-17

This group is for teenagers that are new to tennis or have a few months of experience. This class will focus on the fundamentals of the game. As students progress throughout the session, they will learn to rally with another student.

| | |
|---|---|
| Mon, Fri or Sun | 4:30-6:30 pm |
| Sat | 3:00-5:00 pm |

**Cost 2 hours for 9 weeks:**
**Program Member $508**
**Fitness Member $468**

### Teen Tennis Advanced – Ages 12-17

This group is designed for those that are advanced beginner high school players with 1-2 years of experience. This class is for students that have the ability to rally and play points with serves but are not considered intermediate level.

| | |
|---|---|
| Thurs or Fri | 4:30-6:30 pm |
| Sat | 3:00-5:00 pm |
| Sun | 2:30-4:30 pm & 4:30-6:30 pm |

**Cost 2 hours for 9 weeks:**
**Program Member $508**
**Fitness Member $468**

### High School Prep – Ages 12-17

This class is ideal for intermediate middle to high school aged players who have 5-6 years of tennis experience. This class will introduce conditioning and the skills specifically needed for doubles play. Students must have match experience in order to register. Placement approval required.

| | |
|---|---|
| Mon,Tues, or Wed | 4:30-6:30 pm |
| Sun | 12:30-2:30 pm & 2:30-4:30 pm & 4:30-6:30 pm |

**Cost 2 hours for 9 weeks:**
**Program Member $508**
**Fitness Member $468**

### High School Training – Ages 12-17

This group is designed for those students currently playing Varsity or JV (depending on the school) tennis. Class structure is designed around competitive point play, strategy and footwork. Students will get the chance to play against a wide range of players with differing styles of play. Focus is on doubles strategy. Placement approval required.

| | |
|---|---|
| Mon or Wed | 4:30-6:30 pm |
| Sun | 12:30-2:30 pm & 2:30-4:30 pm |

**Cost 2 hours for 9 weeks:**
**Program Member $508**
**Fitness Member $468**

### Jr Competitive Play Information/Events

For more information, contact Marimar Alonso at the following email, marimar.alonso@att.net.

### PLEASE NOTE

Recommended ages are listed for each level. Based on a participants skill set, exceptions can be made.

- All makeups are based on availability and are not guaranteed.
- No refunds are provided for missed classes.

## All 48 Hour or Less Tennis Court Reservations are $34/hour

**To register, please contact Member Services at 248-735-8850 ext. 112 or nacregisternow@gmail.com.**

42500 Nick Lidstrom Drive, Novi, Michigan 48375 ■ nacgetfit.com