

The Sports Club of Novi's Junior Tennis Program is designed to teach the fundamentals of tennis in a positive environment.

# Junior Tennis

## Junior Tennis Sessions:

- Winter 1 (9 weeks)** Jan 3-Mar 5
- Winter 2 (9 weeks)** Mar 6-May 14 (Omit Apr 6-12)
- Spring (4 weeks)** May 15-Jun 14

## Assistant Tennis Directors:

Taylor Pinchoff & Anthony Van den Bossche

## U6 Tennis – Ages 4 & 5

This group is on our small court in the boot camp area and uses red balls. Children are introduced to tennis fundamentals in a fun environment. This class will include a skills test during the session.

Mon or Fri	4:30-5:30 pm	
Tues	4:30-5:30 pm	5:30-6:30 pm
Wed	4:00-5:00 pm	
Thurs	10:00-11:00 am and	4:00-5:00 pm
Sat	9:30-10:30 am and	12:00-1:00 pm
Sun	1:30-2:30 pm and	4:00-5:00 pm

## Cost 1 hour for 9 weeks:

<b>Fitness Member</b>	<b>\$159</b>
<b>Program Member</b>	<b>\$172</b>

## U8 Tennis – Ages 5-7

This group is on our small court in the boot camp area and uses red balls. Children continue to work on core tennis fundamentals with an introduction to competitive games. This class will include a skills test during the session.

Mon or Fri	5:30-7:00 pm	
Wed	5:00-6:30 pm	6:30-8:00 pm
Thurs	5:00-6:30 pm	
Sat	10:30 am-12:00 pm and	1:00-2:30 pm
Sun	2:30-4:00 pm and	5:00-6:30 pm

## Cost 1 1/2 hours for 9 weeks:

<b>Fitness Member</b>	<b>\$234</b>
<b>Program Member</b>	<b>\$246</b>

## Blended Line Tennis – Ages 7-11

This group will take place on our 60' blue lines on courts 5, 6, 9 or 10. Students will be introduced to all of the strokes of tennis and taught scorekeeping. The class will use orange balls! This class will include a skills test during the session.

Mon, Tues, Wed, Thurs or Fri	4:30-6:30 pm	
Sat	11:00 am-1:00 pm	1:00-3:00 pm
	3:00-5:00 pm	
Sun	2:30-4:30 pm	4:30-6:30 pm

## Cost 2 hours for 9 weeks:

<b>Fitness Member</b>	<b>\$385</b>
<b>Program Member</b>	<b>\$420</b>



## Full Court Progression – Ages 8-12

This group will use the full court lines and green balls. Students will continue working the fundamentals of all the strokes with an emphasis on the movement necessary to cover a larger area. All aspects of the game will be introduced, preparing your child for competition. This class will include a skills test during the session.

Mon, Wed or Fri	4:30-6:30 pm	
Sat	1:00-3:00 pm	
Sun	4:30-6:30 pm	

## Cost 2 hours for 9 weeks:

<b>Fitness Member</b>	<b>\$385</b>
<b>Program Member</b>	<b>\$420</b>

## Full Court – Ages 9-12

This group will use the full court lines and yellow balls. This group is a continuation of Full Court Progression for students who are ready to take on the full court with the hard yellow balls. The class will begin to spend time on point development and strategy discussions.

Mon, Tues, Wed, Thurs or Fri	4:30-6:30 pm	
Sat	11:00am-1:00 pm	1:00-3:00 pm
	and 3:00-5:00 pm	
Sun	2:30-4:30 pm and	4:30-6:30 pm

## Cost 2 hours for 9 weeks:

<b>Fitness Member</b>	<b>\$385</b>
<b>Program Member</b>	<b>\$420</b>

**Note:** Program times, days and rates may be subject to change. Contact Programs at 248-735-8850, ext. 112 for updated information. Make ups not guaranteed. No refunds for missed classes.



## Teen Tennis – Ages 12-17

This group is for teenagers who are getting a bit of a late start to the game of tennis. Instructors will take the time necessary to work on the technical aspects of the all strokes.

Mon, Wed, or Fri	4:00-6:00 pm	
Sat	3:00-5:00 pm	
Sun	2:30-4:30 pm and	4:30-6:30 pm

## Cost 2 hours for 9 weeks:

<b>Fitness Member</b>	<b>\$385</b>
<b>Program Member</b>	<b>\$420</b>

## High School Prep – Ages 12-17

This group is for any player aspiring to participate in high school tennis in the next few years. The class will introduce conditioning and the skills specifically needed for singles or doubles play.

Mon, Tues, Wed, Thurs or Fri	4:30-6:30 pm	
Sat	1:00-3:00 pm and	3:00-5:00 pm
Sun	2:30-4:30 pm and	4:30-6:30 pm

## Cost 2 hours for 9 weeks:

<b>Fitness Member</b>	<b>\$385</b>
<b>Program Member</b>	<b>\$420</b>



## High School Training – Ages 12-17

This group is for any player playing High School tennis. This group will be designed around getting a complete workout on all strokes at every meeting. In addition, students will have an opportunity to play out points with a wide range of players of differing styles. Two days required. Placement approval required.

Mon, Tues, Wed, Thurs or Fri	4:00-6:00 pm	
Sat	1:00-3:00 pm and	3:00-5:00 pm
Sun	2:30-4:30 pm and	4:30-6:30 pm

## Cost 4 hours for 9 weeks:

<b>Fitness Member</b>	<b>\$665</b>
<b>Program Member</b>	<b>\$720</b>

## Elite – Ages 12-17

This group is for the top 10-12 players registered for our program each session. Most participants will be singles players or at the very top of the doubles line-up for one of the area's top high school programs. The group will be challenged to work at a high intensity. Two days required. Approval required by Tennis Directors.

Tues	4:00-6:00 pm	
Thurs	4:00-6:00 pm	

## Cost 4 hours for 9 weeks:

<b>Fitness Member</b>	<b>\$665</b>
<b>Program Member</b>	<b>\$720</b>

**ALL 24 HOUR or LESS TENNIS COURT RESERVATIONS are \$27/hour**