# **Martial Arts**

# for Children, Teens, and Adults Tae Kwon Do Kwon Bop Combat Institute





- Tae Kwon Do Kwon Bop Combat Training
- Shihan Torella has more than 37 years of Martial Arts experience, has competed world wide, and has been inducted into more than a dozen international Hall of Fames in the Martial Arts community

Director of Martial Arts

- Currently president of the United States Italian Martial Arts Alliance (USIMAA), and General Director to the United States of America of WASCA International
- 7th Degree Black Belt

#### Note:

Program times, days and rates may be subject to change. Contact Programs at 248-735-8850 ext.112 for updated information. No refunds for missed classes.

FREE one week trial
FREE uniform with
one month registration
Call 248-735-8850, ext. 112.

### 1/2 Hour One Class Per Week

## Ages 4 and 5

Mon	5:30 pm
Sat	9:30 am

# 1 Hour Two Days Required

#### Beginner and Trial Classes - Ages 6 and Up

Mon	6:00 pm
Tues	5:00 pm
Wed	5:30 pm
Thurs	5:00 pm
Sat	10:00 am

#### Martial Arts 1 - Ages 6 and Un

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Mon	7:00 pm
Tues	6:00 pm
Wed	6:30 pm
Thurs	6:00 pm
Sat	11:00 am

### Martial Arts 2 - Ages 12-16

Tues	7:00 pm
Wed	7:30 pm
Thurs	7:00 pm
Sat	12:00 pm

#### Adult - Ages 16 and Up

Tues/Thurs 8:00 pm

### **Black Belt**

Tues/Thurs 8:00 pm

Cost (per month):	<sup>1</sup> /2 Hour Per Week	2 Hours Per Week	3 Hours Per Week
Fitness Member	\$36	\$94	\$109
Program Member	\$40	\$114	\$129

