

SUMMER CAMPS 2023

CHOOSE YOUR CAMPS	Weekly Regular Rate Fitness Member	Weekly Regular Rate Program Member	Ages	Weeks Offered	Days/Times	Pre-Care Post-Care & Lunch Available?
SPORTS CAMP	\$295	\$305	6-12	All 12 Weeks	Mon-Fri 9:00 am-3:00 pm	Post Care
TENNIS CAMP AGES 8-11	\$174	\$184	8-11	All 12 Weeks	Mon-Thurs 9:00 am-12:00 pm	NO
TENNIS CAMP AGES 12-17	\$174	\$184	12-17	All 12 Weeks	Mon-Thurs 12:00-3:00 pm	NO
TEEN TENNIS CAMP AGES 12-17	\$174	\$184	12-17	Weeks 2,4,6,8,10,12	Mon-Thurs 12:00-3:00 pm	NO
U8 TENNIS CAMP	\$118	\$128	6-7	All 12 Weeks	Mon-Thurs 10:30 am-12:00 pm	NO
U8 TENNIS CAMP 12:00-1:30 pm	\$118	\$128	6-7	All 12 Weeks	Mon-Thurs 12:00-1:30 pm	NO
U6 TENNIS CAMP	\$92	\$102	4-5	Weeks 2,4,6,8,10,12	Mon-Thurs 9:30-10:30 am	NO
DANCE CAMP	\$150	\$158	4-10	Weeks 3,5,6,7,8	Mon-Thurs 9:00 am-12:00 pm	NO

CHOOSE YOUR WEEKS	
Week	Dates
1	Jun 12-16
2	Jun 19-23
3	Jun 26-30
4	Jul 3-7 (omit Jul 4)
5	Jul 10-14
6	Jul 17-21
7	Jul 24-28
8	Jul 31-Aug 4
9	Aug 7-11
10	Aug 14-18
11	Aug 21-25
12	Aug 28-Sept 1

SPORTS CAMP

Designed for girls and boys ages 6-12 interested in doing a variety of fun sports throughout the day. Activities will include tennis, swimming, supervised esports gaming, kid friendly workouts and a variety of other sports. **Available Options:** Drop off begins at 8:30 am each day. Post care is available from 3:00-6:00 pm, Mon-Fri, cost is \$17.00 per day. We will not be offering lunch for the summer of 2023, please remember to pack your camper their lunch. Wear athletic clothing and tennis shoes. Bring a swimsuit, water, and sunscreen. Escort your camper to check-in each day. Check out by a parent or legal guardian is required. **We will only be offering full week registrations for the summer of 2023.**

Sports Camp ■ Ages 6-12
Mon-Fri ■ 9:00 am-3:00 pm



Get Fit, Stay Healthy, Be Safe!

TENNIS CAMPS

Our fun, energetic camps place a strong emphasis on instruction for skill development, competition strategy and conditioning. Each week, instructors will provide an environment where students gain fundamentals and strategies to better their game and rise to the next level. Groups are divided according to ability levels, age and previous experience.

Tennis Camp ■ Ages 8-11
Appropriate for 2022-2023 Blended Line and Full Court Progression level students.
Mon-Thurs ■ 9:00 am-12:00 pm

Tennis Camp ■ Ages 12-17
Appropriate for 2022-2023 Full Court, High School Prep and High School Training level students.
Mon-Thurs ■ 12:00-3:00 pm

Teen Tennis Camp ■ Ages 12-17
Appropriate for 2022-2023 Teen Tennis level students and those new to the game.
Mon-Thurs ■ 12:00-3:00 pm

U8 Tennis Camp ■ Ages 6-7
Mon-Thurs ■ 10:30 am-12:00 pm
Mon-Thurs ■ 12:00 -1:30 pm

U6 Tennis Camp ■ Ages 4-5
Mon-Thurs ■ 9:30-10:30 am

DANCE CAMP

Designed for girls and boys ages 4-10 interested in an introduction to ballet, tap, jazz and hip hop. We will learn the basics as well as put together short dances in select styles! This camp also incorporates additional camp style activities. Dancers should bring water, a snack, clean tennis shoes, and dance shoes if you have them.

Dance Camp ■ Ages 4-10
Mon-Thurs ■ 9:00 am-12:00 pm

REGISTRATION

All registrations are scheduled in the Programs Office. Call 248-735-8850, ext. 112. Registration changes (drops and transfers) must be done by Thursday before 4:00 p.m. of the week prior to camp. **Makeups will not be offered for the summer of 2023.**

Register Today!

Call 248-735-8850,

ext. 112 or Email us at

nacregisternow@gmail.com