

# SUMMER CAMPS 2024

CHOOSE YOUR CAMPS	Weekly Regular Rate Fitness Member	Weekly Regular Rate Program Member	Ages	Weeks Offered	Days/Times	Pre-Care Post-Care & Lunch Available?
SPORTS CAMP	\$305	\$315	6-12	All 12 Weeks	Mon-Fri 9:00 am-3:00 pm	Post Care
TENNIS CAMP AGES 8-11	\$180	\$190	8-11	All 12 Weeks	Mon-Thurs 9:00 am-12:00 pm	NO
TENNIS CAMP AGES 12-17	\$180	\$190	12-17	All 12 Weeks	Mon-Thurs 12:00-3:00 pm	NO
TEEN TENNIS CAMP AGES 12-17	\$180	\$190	12-17	Weeks 2, 4, 6, 8, 10	Mon-Thurs 12:00-3:00 pm	NO
U8 TENNIS CAMP	\$120	\$130	6-7	All 12 Weeks	Mon-Thurs 10:30 am-12:00 pm	NO
U6 TENNIS CAMP	\$94	\$104	4-5	Weeks 2, 4, 6, 8, 10	Mon-Thurs 9:30-10:30 am	NO
DANCE CAMP	\$153	\$161	4-10	Weeks 3, 5, 6, 7, 8, 9	Mon-Thurs 9:00 am-12:00 pm	NO

CHOOSE YOUR WEEKS	
Week	Dates
1	Jun 10-14
2	Jun 17-21
3	Jun 24-28
4	Jul 1-5 (omit Jul 4)
5	Jul 8-12
6	Jul 15-19
7	Jul 22-26
8	Jul 29-Aug 2
9	Aug 5-9
10	Aug 12-16
11	Aug 19-23
12	Aug 26-30

## SPORTS CAMP

Designed for girls and boys ages 6-12 interested in doing a variety of fun sports throughout the day. Activities will include tennis, swimming, supervised esports gaming, kid friendly workouts and a variety of other sports. **Available Options:** Drop off begins at 8:30 am each day. Post care is available from 3:00-6:00 pm, Mon-Fri, cost is \$17.50 per day. We will not be offering lunch for the summer of 2024, please remember to pack your camper their lunch. Wear athletic clothing and tennis shoes. Bring a swimsuit, water, and sunscreen. Escort your camper to check-in each day. Check out by a parent or legal guardian is required. **We will only be offering full week registrations for the summer of 2024.**

**Sports Camp** ■ Ages 6-12  
Mon-Fri ■ 9:00 am-3:00 pm



*Get Fit, Stay Healthy, Have Fun!*

## TENNIS CAMPS

Our fun, energetic camps place a strong emphasis on instruction for skill development, competition strategy and conditioning. Each week, instructors will provide an environment where students gain fundamentals and strategies to better their game and rise to the next level. Groups are divided according to ability levels, age and previous experience.

**Tennis Camp** ■ Ages 8-11  
Appropriate for 2023-2024 Blended Line and Full Court Progression level students.  
Mon-Thurs ■ 9:00 am-12:00 pm

**Tennis Camp** ■ Ages 12-17  
Appropriate for 2023-2024 Full Court and High School Prep level students.  
Mon-Thurs ■ 12:00-3:00 pm

**Teen Tennis Camp** ■ Ages 12-17  
Appropriate for 2023-2024 Teen Tennis level students and those new to the game.  
Mon-Thurs ■ 12:00-3:00 pm

**U8 Tennis Camp** ■ Ages 6-7  
Mon-Thurs ■ 10:30 am-12:00 pm

**U6 Tennis Camp** ■ Ages 4-5  
Mon-Thurs ■ 9:30-10:30 am

## DANCE CAMP

Designed for girls and boys ages 4-10 interested in an introduction to ballet, tap, jazz and hip hop. We will learn the basics as well as put together short dances in select styles! This camp also incorporates additional camp style activities. Dancers should bring water, a snack, clean tennis shoes, and dance shoes if you have them.

**Dance Camp** ■ Ages 4-10  
Mon-Thurs ■ 9:00 am-12:00 pm

## REGISTRATION

All registrations are scheduled in the Member Services Office. Call 248-735-8850, ext. 112. Registration changes (drops and transfers) must be communicated to our office either through phone or email by Thursday, 4:00 pm of the week prior to camp. **Makeups will not be offered for the summer of 2024.**

**Register Today! Call 248-735-8850, ext. 112 or Email us at [nacregisternow@gmail.com](mailto:nacregisternow@gmail.com)**