

Adult Tennis

Winter 2024



Adult Tennis Pathway Sessions: Winter 1 (9 weeks) Jan 8 - Mar 10
Winter 2 (8 weeks) Mar 11 - May 12 (Omit Mar 25-31) ■ Spring - NO ADULT CLASSES

Adult Tennis Pathway

Learn to play and enjoy the sport of a lifetime. If you are already a player, continue to improve your game by taking a Tennis Clinic. Please call Member Services at 248.735.8850 ext. 112 or email nacregisternow@gmail.com to register.

Tennis Fundamentals

One hour class. Instruction and drills designed to learn the fundamentals of every stroke.

1.5-2.0 Players - Has none or limited tennis experience. Working on primarily getting the ball in play when delivered from the tennis professional.

Wed 11:00 am-12:00 pm

Fri 11:30 am-12:30 pm

Sun 6:30-7:30 pm

Cost 1.5-2.0 (per 9 weeks)

Fitness Member	\$185
Program Member	\$194

Tennis Skills and Organized Play

One and a half hour class. Skill development using drills at a faster pace, followed by supervised play and an introduction to strategy.

2.5 Player - Player can sustain a slow rally with other players of the same ability and able to serve to get a rally started. Comfortable playing singles and doubles points against other players.

Mon 6:00-7:30 pm

Wed 11:00 am-12:30 pm

Sun 7:30-9:00 pm

2.75-3.0 Players - Fairly consistent with medium paced shots but is not comfortable with all the strokes. Has experience at competition and scoring. Starting to direct shots to specific areas of the court.

Mon 6:30-8:00 pm

Wed 11:00 am-12:30 pm

Fri 12:30-2:00 pm

Sun 7:30-9:00 pm

Cost 2.5 AND 2.75-3.0 (per 9 weeks)

Fitness Member	\$265
Program Member	\$277

Adult Organized Practices

Come join us for a weekly practice session of drills and point play directed by our Tennis Professionals. The practices are for both men and women. Please call Member Services at 248.735.8850, ext. 112 or email nacregisternow@gmail.com for more information.

Suburban League

Please call Member Services at 248.735.8850, ext. 112 or email nacregisternow@gmail.com for more information.

Permanent Court Time

If you are interested in guaranteed court time each week, this is the program for you! Groups choose their desired day/time, players, and duration of play. This program runs September through mid-May. Reservations are based on availability. Please call Member Services at 248.735.8850 ext. 112 or email nacpct@gmail.com to make your request.

Private Lessons

If you want to work on your game, try private and semi-private instruction from the best tennis staff in Michigan.

Semi-private instruction add \$5.00 per hour.

Marimar Alonso, Gino McCathney, Donavon Mitchell, Keith Morrison, Jayson Torres

Fitness Members	\$112
Program Members	\$117

David Guziatek, John Hale, Taylor Pinchoff, Robbie Risdon, Anthony Van den Bossche

Fitness Members	\$109
Program Members	\$114

Hans Akan, Todd Beyer, Niklas Karcz, Jake Lachowicz, Brenda Lionas, Nikola Nikolov

Fitness Members	\$104
Program Members	\$109

Rohan De Silva, Mike Detizio, Shane Nolan, Rebecca Tasich

Fitness Members	\$101
Program Members	\$106

ALL 24 HOUR or LESS TENNIS COURT RESERVATIONS are \$32/hour



All makeups are based on availability and are not guaranteed. No refunds are provided for missed classes.

Call 248.735.8850 - Ext. 112 or email at nacregisternow@gmail.com
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